




BORGORUFA  
SPA



A woman with long brown hair, wearing a white strapless bikini, stands on a white ledge overlooking a swimming pool. She is holding a long, white, flowing fabric that trails behind her. The pool's surface is calm, reflecting the woman and the surrounding landscape. In the background, there are lush green trees, a small stone building, and rolling hills under a clear sky. The overall scene is serene and picturesque.

Harmony is the state we all long for. Our goal, our mission is to create the foundations to achieve that sense of connection and alignment which is harmony.

We will guide you on this journey based on a holistic approach, to make you experience a new and joyous balance of mind and body in full awareness.



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## BORGOBRUFA COSMETICS

### ARMONIA ESSENZA BELLEZZA

Our “Armonia Essenza Bellezza” cosmetic line is rich of the natural energy and precious actives extracted from the crops grown and harvested in our pristine hills of Umbria by Borgobrufa’s owner and his team of professionals.

Our care and respect for nature in its purest form guarantees that our cosmetic formulation is free of parabens, silicones, sulphates, petrolatum, allergens and dyes. The natural texture and pure ingredients of our “Armonia Essenza Bellezza” line are able to effectively target, treat, comfort, nourish and, ultimately, give immediate and visible results. We are happy to present our excellent natural cosmetics respecting nature and sustainability.

#### FACE

- HAZELNUT MILK CLEANSER
- LAVENDER GEL CLEANSER
- HAZELNUT TONER
- HAZELNUT SCRUB
- OLIVE EYE CONTOUR SERUM
- WINE SERUM
- BLACKBERRY SERUM
- TRUFFLE SERUM
- HYALURONIC ACID VIALS
- WINE CREAM
- OLIVE CREAM
- ALOE CREAM
- TRUFFLE CREAM
- LAVENDER LIGHT CREAM
- ANTIAGE SHEET MASK
- HYDRATING SHEET MASK
- SOLID CLAY MASK

#### BODY

- SUNFLOWER AND BROOM SCRUB SHOWER GEL
- GRAPESEED OIL CLEANSER
- GRAPESEED OIL
- BLACKBERRY EMULGEL
- OLIVE EMULSION
- HAZELNUT EMULSION
- SUNFLOWER AND BROOM EMULSION
- MASSAGE CANDLE
- THERMO-ACTIVE CREAM



Discover more about our natural cosmetics

## FACE TREATMENTS

### — HIGH-PERFORMANCE WITH BORGORUFA COSMETICS

Borgobrufa Treatments are tailor-made for every skin type, enhancing the precious combinations of local active ingredients. Each treatment includes cleansing, exfoliation, application of specific products, and a final mask, to restore balance and radiance.

#### IDRATANTE

Hydration booster. Thanks to exclusive active ingredients such as hazelnut, olive and hyaluronic acid, skin will immediately appear more hydrated, radiant and firm. **45'**  
**€ 109,00** per person  
**65'**  
 including a specific facial massage  
**€ 159,00** per person

#### LENITIVO

Ideal for delicate, sensitive, or rosacea-prone skin. The use of decongestant products with a repairing effect provides a feeling of freshness and relieves redness and heat, for nourished and protected skin. **45'**  
**€ 109,00** per person  
**65'**  
 including a specific facial massage  
**€ 159,00** per person

#### WOMAN PURIFICANTE

Specific treatment to combat skin impurities. Lavender's purifying and detoxifying active ingredients will help combat inflammation and naturally rebalance the skin. **45'**  
**€ 109,00** per person  
**65'**  
 including a specific facial massage  
**€ 159,00** per person

#### MAN PURIFICANTE

Clay and warm herbs deeply purify the skin and help restore the skin barrier. Blackberry and aloe rebalance and soothe, giving the face a pleasant sensation of freshness and lightness. **45'**  
**€ 109,00** per person  
**65'**  
 including a specific facial massage  
**€ 159,00** per person

#### ANTI-AGE

The antioxidant active ingredients in wine or white truffle, selected according to specific needs, help smooth out the signs of aging and stimulate skin oxygenation. **45'**  
**€ 109,00** per person  
**65'**  
 including a specific facial massage  
**€ 159,00** per person

### — SPECIALS

#### MY GOLDEN AGE

An exclusive treatment with a targeted well-ageing action. **105'**  
 The taping technique promotes a lifting and draining effect, while the 24 kt gold mask enhances the skin's radiance. **€ 219,00** per person

#### MASSAGGIO VISO

After a thorough initial cleansing, the multifunctional massage helps to sculpt, lift, tone, and promote tissue drainage. A treatment suitable for all areas of the face. **45'**  
**€ 129,00** per person

#### RIFLESSOLOGIA FACCIALE

Inspired by Vietnamese medicine, this reflexology treatment offers a deeply soothing experience. Using a specialized point-detection tool, the areas of the face that mirror the body are gently stimulated, encouraging energetic balance. **45'**  
**€ 129,00** per person

### — PARTNER COSMETIC LINE

#### BIO SINERGY

A combination of versatile natural actives works in synergy to address the skin's every need, delivering precisely what the complexion requires most. The selection of a customized mask completes this synergistic treatment. **75'**  
**€ 149,00** per person

## BODY TREATMENTS

### TREATMENTS WITH SALT

#### SAPORE DI SALE

A salt-based body exfoliation treatment that allows you to benefit from the many benefits of this precious mineral-rich element. Salt helps rid the body of toxins, combats water retention, and brightens and invigorates the skin.

45'  
€ 99,00 per person

#### BENDA DI EPSOM

A cooling leg wrap formulated with naturally derived magnesium crystals—renowned Epsom salts. Ideal for promoting the drainage of excess fluids and providing immediate relief to tired legs, leaving a sensation of lightness and wellbeing.

75'  
€ 159,00 per person

#### ALGHE

A personalized leg massage using specific products precedes the application of precious iodine-rich seaweed leaves, delivering a draining and detoxifying action. This treatment purifies the tissues and enhances circulation.

75'  
€ 159,00 per person

### CALCO TREATMENT-MASSAGES

All the calco treatment-massages include a personalized massage based on the treatment chosen. Premium products are used for draining, reducing, relaxing and toning. Clearly visible results can be seen after the first session.

#### — PARTIAL

#### CALCO GAMBE

A treatment designed to combat localized adiposity on the legs and buttocks, while stimulating the metabolism for a visibly reshaped silhouette.

75'  
€ 159,00 per person

#### CALCO BUSTO

A sculpting treatment for the abdomen, toning for the arms, and relaxing for the back.

75'  
€ 159,00 per person

#### — COMPLETE

#### CALCO TOTALE CORPO

A personalized Calco treatment, with reducing and/or total body toning action, for a comprehensive body remodelling.

105'  
€ 210,00 per person

## BATHS AND PACKS BORGORUFA

### — BORGORUFA BATHS

#### BAGNO SALINO

A purifying and relaxing floatation bath. Thanks to the high salt concentration in the water of the pool, your body will float while being cradled by underwater music and chromotherapy. The journey continues with relaxing moments in the salt area, where clouds of salt vapor will favour your breathing and free your mind.

25'  
 € 25,00 per person  
 (non-exclusivity)  
 € 35,00 per person  
 (in exclusivity for the couple)

#### BAGNO SONORO ESCLUSIVO

Relaxing water treatment, accompanied by the harmonious sound and vibrations of Tibetan bells, an immense source of energy and spirituality. The floating will make this experience truly unique.

25'  
 € 45,00 per person

### — BORGORUFA PACKS

Enjoy your body packs in our Aemotio SPA, on a water bed with personalized chromotherapy and Vichy shower final rinse.

#### SCRUB CORPO AI TESORI UMBRI

Personalized exfoliation scrub with olive (hydrating), chocolate and hazelnut (energizing), wine (antioxidant), or sunflower and broom (nourishing).

20'  
 € 65,00 per person

#### IMPACCO DECONTRATTURANTE

Self-warming back-localized pack that relaxes the muscles and has a draining effect on the body tissues.

20'  
 € 65,00 per person  
 € 75,00 per person with feet massage

#### RILASSANTE ALL'OLIVO

This treatment uses warm olive butter to make your skin super soft and supple.

20'  
 € 65,00 per person  
 45'  
 € 109,00 per person with aromatherapy  
 steam bath and relaxing massage

#### AI BURRI UMBRI

Nourishing pack with sunflower and broom butter for total comfort and a velvet skin.

20'  
 € 65,00 per person

#### DRENANTE

Draining, detoxifying for a lightness effect. The unique properties of ivy, blackberry and horse chestnut improve microcirculation and stimulates lymphatic drainage. You will feel a marvelous sense of lightness.

20'  
 € 65,00 per person  
 45'  
 € 109,00 per person  
 with aromatherapy steam bath and  
 personalized localized massage

#### NOCCIOLATA

The chocolate and hazelnut in this "happiness pack" stimulate the production of endorphins and make skin tonic and silky.

20'  
 € 65,00 per person

#### RIGENERANTE AL VINO

The anti-oxidant action of grapeseed rejuvenates the skin and strengthens the tissues

20'  
 € 65,00 per person  
 € 75,00 per person  
 with hands massage



## BEAUTY SERVICE

### GEL POLISH REMOVAL

up to 25'  
€ 39,00 per person

### SPA MANICURE

Manicure with nail polish application.

up to 50'  
€ 70,00 per person  
supplement for gel polish application € 20,00

### SPA MANICURE DELUXE

Treatment with exfoliation, mask, massage and manicure with nail polish application.

up to 75'  
€ 90,00 per person  
supplement for gel polish application € 20,00

### SPA PEDICURE

Pedicure with nail polish application.

up to 50'  
€ 70,00 per person  
supplement for gel polish application € 20,00

### SPA PEDICURE DELUXE

Treatment with exfoliation, mask, massage and pedicure with nail polish application.

up to 75'  
€ 90,00 a persona  
supplement for gel polish application € 20,00

### WAXING

from € 20,00 to € 95,00 per person

### HAIR BLOW-DRY

from € 55,00 per person

## RITUALS FOR THE COUPLE

### RITUALE BELLEZZA UMBRA

Our Umbrian excellences will accompany you along this magnificent journey fully dedicated to beautify the body and enhance psychophysical wellbeing. A purification and relaxation path in the private SPA "Tesori del Borgo" with footbath, 60°C sauna and bath in an imperial whirlpool tub.

- Grapeseed body exfoliation
- Hazelnut face exfoliation
- Deep tissue or relaxing back massage with oil
- Blackberries leg massage
- White truffle face massage
- 1 cosmetic product Armonia Essenza Bellezza included
- Selected tasting

The scents and colours of nature will inebriate your senses. The expert and caring hands of your therapists will give you the ritual you have always dreamed of. You will want to bring this into your daily life. All the products used in this ritual are available at the SPA shop.

160'  
€ 299,00 per person

### RITUALE OCEANICO

In the Private SPA 'Acqua e Fiori', featuring a whirlpool pool and a steam bath, the treatment begins with a body exfoliation. Experience a profound sense of relaxation as the massage, like gentle ocean waves, envelops your body in a soothing, rhythmic dance, restoring balance and a deep sense of well-being.

- 1 cosmetic product Armonia Essenza Bellezza included
- Selected tasting

160'  
€ 299,00 per person

### RITUALE I DIAMANTI

An exclusive path in the Private SPAs "Tesori del Borgo" and "Acqua e Fiori", which continues with a water treatment, where gentle transporting manual techniques will lead you into a state of deep relaxation. The journey concludes with a rebalancing body massage. Unique moments await you.

- 1 cosmetic product Armonia Essenza Bellezza included
- Selected tasting

160'  
€ 320,00 per person

### RITUALE PERSIANO

A warm and balanced ritual in the "Mille e una Notte" Private SPA that will take you to the Middle East, where beauty endures through time. Rasul bath, a purifying steam ceremonial, in which clays or black soap will envelop you, smoothing and nourishing your skin. Prestigious desert fruits - embellished shea butter and argan oil - will brighten your face and body. Soothing and deep manual skills will calm your being, opening your dreams to a mantle of stars.

- Selected tasting

110'  
€ 199,00 per person

### RITUALE FIRSYSTEM®

Let yourself be enveloped by the exclusive atmosphere of the Private SPA 'Sorgente della Natura', featuring a spacious round tub and a rocking relaxation bed. The massage loungers are enhanced with Firsystem® Original devices, a certified, state-of-the-art, 100% natural technology that harnesses the beneficial effects of Far Infrared Rays, delivering:

- Improved microcirculation and tissue oxygenation;
- Enhanced skin elasticity;
- Relief and treatment of rheumatic and joint discomfort;
- Improved sleep quality.

This is followed by a pleasant massage of the head, face, and body, performed with relaxing techniques and a cream that—thanks to a blend of precious biominerals (gold powder, platinum, pearl, amethyst, amber, ruby, and nephrite), shea butter, mango, and extracts of willow and birch—enhances the absorption of the heat generated by FIR rays, leaving the skin deeply oxygenated, hydrated, and nourished.

- Selected tasting

110'  
€ 249,00 per person



## PRIVATE SPA FOR COUPLE

Four ambiances created for moments of exclusiveness. Reserved, themed spaces: each of our Private SPAs will give you a unique regenerating experience. Choose the setting of your preference and combine it with our personalized rituals and paths, that will be accompanied by selected tastings.

### TESORI DEL BORGO

In a sophisticated Umbrian style, with visible wooden beams and decorative stones, it's equipped with a whirlpool tub, 60°C sauna, double relaxation bed and two massage tables.

### LE MILLE E UNA NOTTE

The colours of this warm and exotic area will take you to the Middle-East, with two-person Rasul bath, two massage tables and two relaxation armchairs.

### ACQUA E FIORI

Our Private SPA that offers two-person steam bath, double relaxation waterbed, two massage tables, and oval pool with whirlpool jets.

### SORGENTE DELLA NATURA

A room inspired by rainforests, with a two-person round whirlpool tub, suspended relaxation bed, and two massage tables.

### “TAILOR-MADE”

Design your own tailor-made ritual: choose your Private SPA and combine it with the treatment or massage you wish to share.

· Selected tasting

45'

€99,00 per person  
+ treatment price

### BORGORUFA LUXURY

A 130 square meters wellness center for your exclusive use. The Private SPAs “Tesori del Borgo” and “Acqua e Fiori” will merge to create the Borgo Luxury, featuring an oval pool with whirlpool jets, underwater chromotherapy, steam bath, whirlpool tub, 60°C sauna and waterbed. Possibility of combining treatments and massages.

· Selected tasting and flûtes of sparkling wine

100' ca.

€ 198,00 per person  
(min 2 people,  
max 4 people)



## CEREMONIALS

### FITO-ENERGY

Psycho-cosmetic treatment with phytomelatonin offering a solution to the imbalances caused by environment-induced stress and a hectic lifestyle. Restores vitality to face and body.

75'  
€ 169,00 per person  
100' with exfoliation  
€ 199,00 per person

### ETRUSCA SENSORIA

An enveloping ceremonial ritual featuring purifying clays and warm rosemary oil, crafted to deliver a complete and restorative wellness experience. This treatment purifies and revitalizes face and body, leaving the skin firm and silky, while a delicate scalp massage gently leads you into a profound state of relaxation.

75'  
€ 169,00 per person

### MOMMY TIME

A gentle wellness ritual for expectant mothers, suitable from the third month of pregnancy. A delicate body savonage, a facial treatment and a relaxing full-body massage come together in a pampering experience, designed to offer a moment of profound relaxation and deep connection with oneself.

75'  
€ 169,00 per person

## MASSAGES

### DEEP TISSUE

#### BORGOBRUFA

Decontracting-postural and dynamic massage with specific techniques for neck and shoulder muscles. Tension will magically disappear giving way to a wonderful feeling of vitality. **75'**  
**€ 159,00** per person

#### RESET CERVICALE

A targeted massage for cervical and occipital tension, incorporating connective tissue techniques applied to the anterior or posterior torso according to individual needs. The use of a specialized wooden pen allows for precise and deep action on muscular contractures, promoting relief, enhanced mobility, and overall cervical well-being. **45'**  
**€ 115,00** per person  
**75'**  
**€ 159,00** per person

#### GUA SHA

Decontracting body massage, with tissue mobilization techniques. The expert hands of our therapists, together with "gua sha" tools made of olive wood from our land, will provide an overall rebalance and relaxation. **45'**  
**€ 115,00** per person

#### CLASSICO

This decontracting massage is ideal to relieve muscle tension and give a pleasant sense of general well-being. **45'**  
**€ 115,00** per person  
**€ 129,00** with cupping

#### THAI

A treatment designed to release energy and promote the elimination of toxins, performed through pressure techniques and passive stretching. For a more successful treatment, comfortable clothing is recommended. **50'**  
**€ 120,00** per person

### ENERGIZING

#### ETRUSCO

An ancient Etruscan-inspired full-body massage using strawberry grape seed oil, with nourishing and antioxidant properties: combined with the manual techniques inspired by the rituals of this ancient civilization, it delivers a deeply regenerating effect. **45'**  
**€ 99,00** per person  
**75'**  
**€ 150,00** per person

#### RA DEI FARAONI

A relaxing yet energizing massage that releases tension throughout the body, infusing it with renewed energy and vitality. **45'**  
**€ 99,00** per person  
**75'**  
**€ 150,00** per person

#### LE STAGIONI UMBRE

Autumn, winter, spring, and summer—an immersive journey through the rhythm of the seasons. Through relaxing and revitalizing techniques, your body is guided to experience the awakening essence of the Umbrian land. **75'**  
**€ 150,00** per person

#### BATTITO

An immersive massage where skilled touch and the rhythmic vibration of a shamanic drum follow the heartbeat, leaving a sensation of lightness. **45'**  
**€ 99,00** per person

## DRAINAGE

### DRENANTE

A massage tailored entirely to your needs. Expert techniques are combined with targeted synergies designed to address specific aesthetic concerns, offering a true sense of lightness.

45'

€ 109,00 per person

### NEW ENERGY

Specific techniques combined with specialized products designed to address localized adiposity. This treatment reshapes the body and restores firmness to the tissues, leaving you infused with renewed energy and vitality.

45'

€ 109,00 per person

### LIGNUM

A draining treatment performed with wooden tools that stimulate circulation and encourage the elimination of excess fluids. Deep, rhythmic movements sculpt the body, enhancing tone and leaving a refined sensation of lightness and overall well-being.

75'

€ 159,00 per person

### DRY BRUSHING

An invigorating treatment performed with natural brushes, designed to stimulate circulation, promote cellular renewal and impart an immediate sensation of lightness to the body. The skin appears smoother, firmer and more radiant, while the rhythmic, enveloping movement of the bristles, delivers a sense of energy and well-being.

45'

€ 109,00 per person

## RELAXING

### SOGNI D'ORO

A massage that will involve three different sensory pathways: touch, hearing and smell, for a pleasant feeling of calmness and relaxation. Phytomelatonin oil will set you up for a gentle, regenerating sleep.

45'

€ 99,00 per person

### SOTTO LA PIOGGIA

Relaxing massage under the warm threadlike rain of our Aemotio SPA, a cabin with a water bed and chromotherapy.

45'

€ 109,00 per person

### GOCCE DI LUCE

Warm butter droplets melt onto the body, while expert hands envelop you in gentle, flowing techniques. A massage devoted to deep relaxation and the ultimate softness of the skin.

45'

€ 99,00 per person

75'

€ 150,00 per person

### SINFONIA - 4 MANI

An inebriating massage that, like a harmonious melody, unfolds through the synchronized flow of four hands from two therapists: an exquisite composition that relaxes the mind and nourishes the skin.

75'

€ 299,00 per person

### PARZIALE

Choose among a localized relaxing leg, feet, head or back massage.

20'

€ 65,00 per person

## WELLNESS PACKAGES

### BORGO-SPECIAL UNIQUE SPECIALTIES

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1 Le Stagioni Umbre Massage - 75'	<b>€ 360,00</b> per person
1 Idratante Face Treatment - 45'	
1 Rilassante all'Olivio Pack - 20'	
1 Bagno Salino (non-exclusivity) - 25'	
1 Borgobrufa Product SUNFLOWER AND BROOM SCRUB SHOWER GEL 200 ml	

### BORGO-DETOX FOR A NATURAL WELL-BEING

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1 Etrusca Sensoria Ceremonial - 75'	<b>€ 440,00</b> per person
1 Alghè Treatment - 75'	
1 Purificante Face Treatment - 45'	
1 Borgobrufa Product BLACKBERRY EMULGEL 200 ml	

### BORGO-LOVE TESORI DEL BORGO PRIVATE SPA FOR YOUR EXCLUSIVE USE

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1 Bellezza Umbra Ritual - 160'	<b>€ 390,00</b> per person
1 Bagno Salino (in exclusivity for the couple) - 25'	<b>PROGRAM FOR THE COUPLE</b>
1 Sogni d'Oro Massage - 45'	

### BORGO-EMOTIONAL A BREATHTAKING JOURNEY FOR THE COUPLE

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1 Firsistem® Ritual - 110'	<b>€ 395,00</b> per person
1 Bagno Sonoro (in exclusivity for the couple) - 25'	<b>PROGRAM FOR THE COUPLE</b>
1 Sapore di Sale Body Treatment - 45'	
1 Borgobrufa Product SUNFLOWER AND BROOM SCRUB SHOWER GEL 200ml	

### BORGO-LADY A BREAK FOR HER

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1 Scrub Corpo ai Tesori Umbri Pack - 20'	<b>€ 420,00</b> per person
1 Idratante Face Treatment - 45'	
1 Calco Treatment-Massage - 75'	
1 Drenante Pack - 20'	
1 Bagno Salino (non-exclusivity) - 25'	
1 Borgobrufa Product BLACKBERRY EMULGEL 200 ml	

### BORGO-MAMMA TO BE ENJOYED DURING PREGNANCY OR POST-PARTUM

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1 Scrub Corpo ai Tesori Umbri Pack - 20'	<b>€ 260,00</b> per person
1 Bagno Salino (non-exclusivity) - 25'	
1 Mommy Time Ceremonial - 75'	
1 Borgobrufa Product BODY EMULSION 200 ml	

### BORGO-MAN FOR HIM

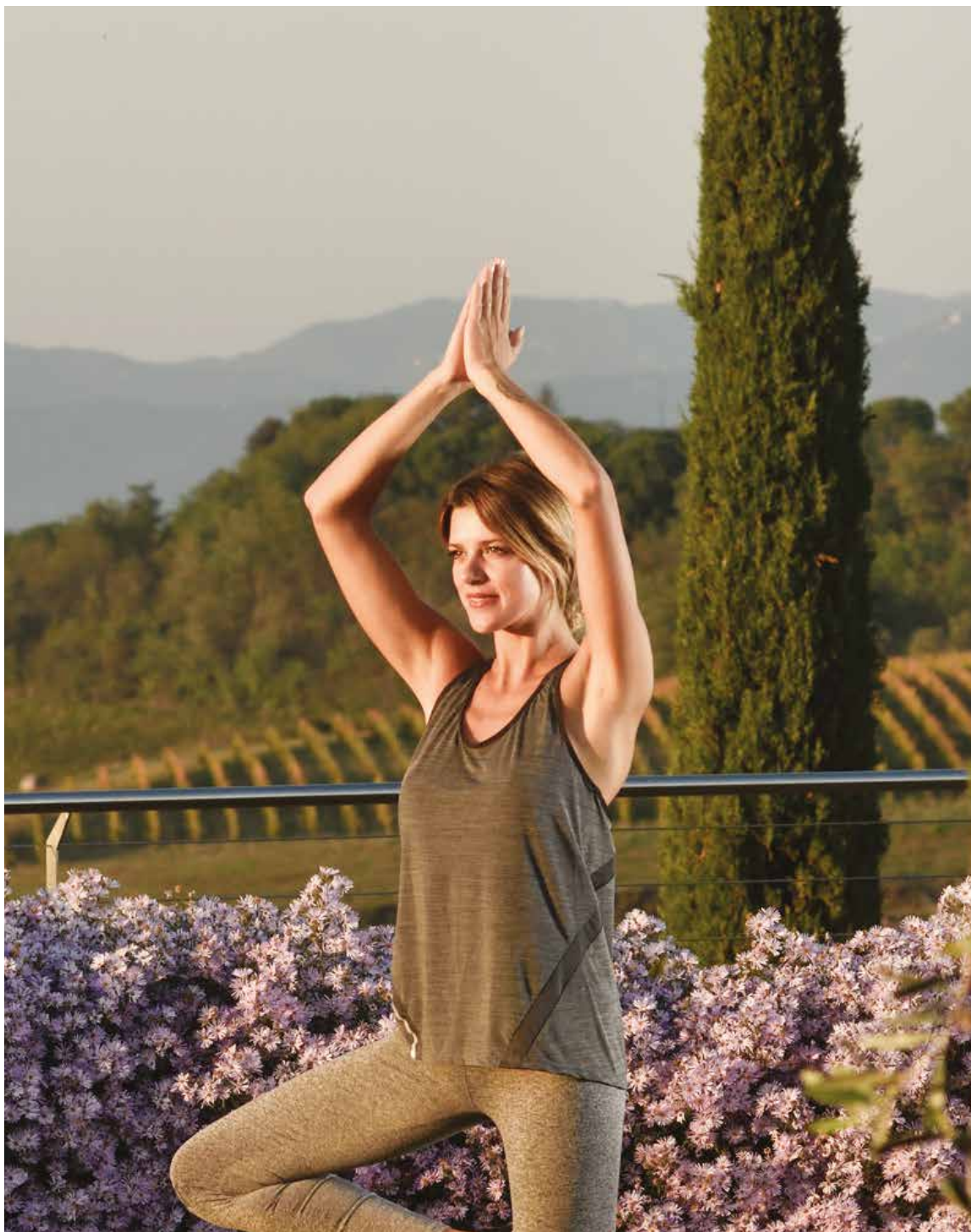
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1 Calco Treatment-Massage - 75'	<b>€ 360,00</b> per person
1 Decontratturante Pack with feet massage - 20'	
1 Purificante Face Treatment - 45'	
1 Borgobrufa Product ALOE CREAM 50 ml	

### BORGO-ENERGY TO STRENGTHEN AND RESTORE THE BACK

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1 Etrusco Massage - 45'	<b>€ 299,00</b> per person
1 Classico Massage - 45'	
1 Decontratturante Pack with feet massage - 20'	
1 Bagno Salino (non-exclusivity) - 25'	
1 Borgobrufa Product THERMO-ACTIVE CREAM 100 ml	



## FITNESS AND MINDFULNESS ACTIVITIES

Physical activity aims to improve health and well-being through cardiovascular training, increasing muscle strength and flexibility.

Mindfulness aims at the state of awareness in the present moment, without judgment. It involves awareness of bodily sensations, thoughts and emotions, promotes mental well-being and reduces stress and anxiety.

### PRIVATE COACHING

### PILATES

### YOGA

### DEEP BREATHING

### SOUNDS AND VIBRATIONS

### GUIDED MEDITATION

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45' ca.

€ 95,00 per person

€ 50,00 per person

(from 2 people to a maximum of 4 people)

## DAY SPA

### DAY SPA PROGRAMS

Day SPA programs include day access (9.00 AM - 7.00 PM) to all the services of the World of Waters and World of Saunas.

#### DAY-RELAX

1 Sogni d'Oro Massage - 45' € 199,00 per person  
 1 Bagno Salino (non-exclusivity) - 25'  
 1 Borgobrufa Product SHEET MASK (self-application)

#### DAY-EXPERIENCE

1 Bagno Salino (non-exclusivity) - 25' € 270,00 per person  
 1 Etrusco Massage - 45'  
 1 Rigenerante al Vino Pack with hands massage - 20'  
 1 Borgobrufa Product SHEET MASK (self-application)

#### DAY-BEAUTY

1 My Golden Age Face Treatment - 105' € 409,00 per person  
 1 New Energy Massage - 45'  
 1 Bagno Salino (non-exclusivity) - 25'  
 1 Borgobrufa Product SHEET MASK (self-application)

#### DAY-SPECIAL

##### A BREATHTAKING JOURNEY FOR THE COUPLE

1 Persiano Ritual - 110' € 299,00 per person  
 1 Bagno Sonoro (in exclusivity for the couple) - 25'  
 1 Borgobrufa Product SHEET MASK (self-application)

### HALF-DAY SPA PROGRAMS

Half-day SPA programs include half-day access (ore 9.00 AM - 2.00 PM, 2.00 PM - 7.00 PM) to all the services of the World of Waters and World of Saunas.

#### BENESSERE & LUNCH

Bookable from Monday to Thursday 9.00 AM - 2.00 PM, € 185,00 per person  
 excluding public holidays and festive periods.

1 Parziale Massage or Face Treatment - 20'  
 1 Lunch (2 courses à la carte, drinks not included)  
 at Quattro Sensi Restaurant  
 1 Bagno Salino (non-exclusivity) - 25'  
 1 Borgobrufa Product SHEET MASK (self-application)

#### BENESSERE & DINNER

Bookable from Monday to Thursday 2.00 PM - 7.00 PM, € 209,00 per person  
 excluding public holidays and festive periods.

1 Parziale Massage or Face Treatment - 20'  
 1 Dinner (4 courses à la carte, drinks not included)  
 at Quattro Sensi Restaurant  
 1 Bagno Salino (non-exclusivity) - 25'  
 1 Borgobrufa Product SHEET MASK (self-application)

## SPA ACCESSES

	HALF DAY SPA		DAY SPA
	9.00 - 14.00	14.00 - 19.00	9.00 - 19.00
MONDAY	€ 89,00	€ 89,00	€ 109,00
TUESDAY	€ 89,00	€ 89,00	€ 109,00
WEDNESDAY	€ 89,00	€ 89,00	€ 109,00
THURSDAY	€ 89,00	€ 89,00	€ 109,00
FRIDAY	€ 89,00	€ 89,00	€ 109,00
SATURDAY	€ 149,00	€ 149,00	€ 179,00
SUNDAY	€ 149,00	€ 149,00	€ 179,00

### From Monday to Friday

Prices include a Bagno Salino (non-exclusivity) 25' + 1 Borgobrufa product SHEET MASK (self-application)

### From Saturday to Sunday

Prices include a Bagno Salino (in exclusivity) 25' + 1 Parziale Massage or Face Treatment 20'

Prices are per person, and are not valid on public holidays, festive periods and for gift vouchers. Booking is always mandatory.

## BORGORUFA, WORLD OF WATERS AND WORLD OF SAUNAS INCLUDED SERVICES

- Indoor heated pool
- Outdoor heated panoramic pool
- Whirlpool stations
- Summer pool
- Vitarium operating from 9.30 AM
- Steam bath operating from 9.30 AM
- Sauna of nature operating from 9.30 AM
- Ice fountain operating from 9.30 AM
- Snow crystals operating from 9.30 AM
- Panoramic sauna operating from 9.30 AM
- Relax room of the stars
- Fireplace relax room
- Sensory relax room
- Panoramic relax area
- Tisane corner
- Vital corner
- Complimentary flip-flops and bag
- SPA kit supplied

## INFORMATION

### PLEASE PAY ATTENTION

Borgobrufa SPA Resort is Adults Only and welcomes guests from 18 years of age.

Cell phone calls are not allowed within the SPA. Please be respectful towards the privacy of other guests and do not include them in your photographs.

It is recommended to keep cell phone in silent mode.

Relaxation and well-being of our guests are required conditions. Please respect this harmony by adopting tones of voice according to the environment.

No bathing suits or plastic materials are allowed in the saunas. Use the cotton towels provided.

It is mandatory to use a bathing suit in the swimming pools.

It is recommended to enter swimming pools without accessories, glasses and jewellery (bracelets, necklaces, rings, earrings, watches etc.) since water could ruin them. We advise you to leave them in the appropriate lockers or in the safe. The Resort is not liable for any loss.

It is not possible to reserve sunbeds; if you leave the pool areas, please leave the towels hanging on the hooks or take them with you. If necessary, the staff is authorized to remove the towels left on the sunbeds.

Avoid sun exposure immediately after exfoliations, waxing and / or face treatments.

Cancellation or changes in the schedule of previously booked treatments can be made free of charge at the SPA Reception up to 24 hours prior; otherwise, you will be charged the entire treatment cost.

Our team consists of male and female operators; we invite the guest to express any preference when booking. Otherwise, the operator will be assigned according to our availability.

All couples and individuals are encouraged to maintain a decorous attitude within each space. The staff is authorized to reprimand guests who do not observe this recommendation and to invite them to leave the SPA.

Do not use the SPA services when advised against by a doctor; to avoid compromising your well-being.

Please let our operators know of any particular issues you may have, such as allergies, recent surgeries, pregnancy, blood pressure changes, claustrophobia etc, which may interfere with the treatment.

## INFORMATION & SUGGESTIONS

For information and booking of massages and treatments please address directly to the SPA Reception or call us at 075 9883220. We are at your disposal every day from 9.00 AM to 8.00 PM. Pool is operating from 9.00 AM, saunas are operating from 9.30 AM. To be able to fulfill your requests, please book massages and treatments prior to your arrival. We suggest wearing soft and elastic clothing.

## SPA MAP

- 1 Reception SPA
- 2 Shop SPA
- 3 Men changing room
- 4 Women changing room
- 5 Vital Corner
- 6 Fireplace relax room
- 7 Vitarium
- 8 Steam bath
- 9 Sensory showers
- 10 Ice fountain
- 11 Nature sauna
- 12 Snow crystals
- 13 Panoramic sauna
- 14 Relax room of the stars
- 15 Salt bath and salt relax room
- 16 Indoor / outdoor heated pool
- 17 Pool for water treatments
- 18 Panoramic relax area
- 19 Sensory relax room
- 20 Activities room
- 21 Gym
- 22 Private SPA "Sorgente della natura"
- 23 Private SPA "Acqua e fiori"
- 24 Private SPA "Tesori del borgo"
- 25 Private SPA "Le mille e una notte"
- 26 Beauty and hairdressing room
- 27 Summer pool





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